

150 QUESTIONS OF THE DAY

Fun, Thought-Provoking & Creative Conversation Starters for Kids

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How to use this guide: Ask one question every day at breakfast, dinner, or during car rides to foster deep connections, boost critical thinking, and spark wonderful family conversations!

1. IMAGINATION & SUPERPOWERS

#1 If you could have any superpower, what would it be and why?

#2 If you built a secret hideout, what would be inside it?

#3 If you woke up tomorrow as an animal, which one would you choose?

#4 If you could invent a brand new toy, what would it do?

#5 If you could create a new flavor of ice cream, what would it be?

#6 If your pet could talk for one day, what do you think they would say?

#7 If you could design an amusement park ride, what would it look like?

#8 If you found a magic portal in your closet, where would it lead?

#9 If you were the size of an ant for a day, what would you explore?

#10 If you could control the weather, what would the weather be today?

#11 If you could build a house out of any food, what food would you use?

#12 If you were a superhero, what would your costume look like?

#13 If you could fly anywhere in the world right now, where would you go?

#14 If you had a robot helper, what chores would you give it?

#15 If you could live inside any video game or movie, which one?

#16 If you could grant three wishes to someone else, who and what?

#17 If you could make one object in your room come to life, what would it be?

#18 If you were the ruler of a brand new planet, what would you name it?

#19 If you had a time machine, would you go to the past or future?

#20 If you could invent a holiday, how would people celebrate it?

#21 If trees could talk, what stories would they tell?

#22 If you could swap places with anyone for 24 hours, who would it be?

#23 If you could paint the sky a different color, which color would you pick?

#24 If you could turn invisible, what is the first thing you would do?

#25 If you had a magic pencil that drew real objects, what would you draw first?

2. DEEP THOUGHTS & FEELINGS

#26 What is something that always makes you feel happy when you're sad?

#27 What makes someone a really good friend?

#28 What is one thing you are super proud of achieving?	#29 What does it mean to be brave?
#30 What is the best compliment anyone has ever given you?	#31 If you could give one gift to every child in the world, what would it be?
#32 What is something kind you saw someone do recently?	#33 What makes you feel calm when you feel stressed or angry?
#34 Why do you think it's important to share with others?	#35 What is your favorite memory from this past year?
#36 What is something that makes you unique and special?	#37 If you had \$100 to donate to any cause, what would you choose?
#38 What is a rule at home or school that you think is very important?	#39 What is something nice you can do for a family member today?
#40 How do you like to show people that you care about them?	#41 What is something new you learned about yourself recently?
#42 What is the hardest part about growing up?	#43 What is the best part about being your age right now?
#44 If you could fix one problem in the world, what would it be?	#45 What does honesty mean to you?
#46 What is something you love about our family?	#47 When was a time you felt really proud of a friend?
#48 What makes a house feel like a cozy home?	#49 What is a mistake you made that taught you something useful?
#50 How do you feel when someone says 'thank you' to you?	

3. FUN & SILLY WOULD-YOU-RATHERS

#51 Would you rather have purple hair or green skin?	#52 Would you rather eat pizza for every meal or ice cream for every meal?
#53 Would you rather be able to whisper to animals or speak all human languages?	#54 Would you rather live in a treehouse or a underwater submarine?
#55 Would you rather eat a spoonful of hot sauce or a raw lemon?	#56 Would you rather always have to hop on one foot or walk like a crab?
#57 Would you rather it rain chocolate milk or snow marshmallow foam?	#58 Would you rather have a tail like a monkey or trunks like an elephant?
#59 Would you rather sleep in a tent outside or in a bouncy house?	#60 Would you rather be super fast like Cheetaro or super strong like Hulk?
#61 Would you rather fly a dragon or ride a giant sea turtle?	#62 Would you rather have ticklish toes or itchy knees forever?
#63 Would you rather eat only salty foods or only sweet foods?	#64 Would you rather wear your clothes backward or upside down?

#65 Would you rather have 10 cat-sized dogs or 1 dog-sized cat?

#67 Would you rather brush your teeth with ketchup or drink garlic juice?

#69 Would you rather drive a monster truck or fly a helicopter?

#71 Would you rather have a slide for stairs or a trampoline floor?

#73 Would you rather live without TV or live without sweet treats?

#75 Would you rather be as tiny as a mouse or as tall as a giraffe?

#66 Would you rather live in a world made of LEGO or playdough?

#68 Would you rather have glow-in-the-dark teeth or hair that changes color with mood?

#70 Would you rather meet an alien or meet a dinosaur?

#72 Would you rather sing everything you say or dance every time you walk?

#74 Would you rather have a pet penguin or a pet koala?

4. NATURE, SCIENCE & CURIOSITY

#76 If you could ask an astronaut one question about space, what would it be?

#78 Why do you think flowers smell so good?

#80 What is your favorite season of the year and why?

#82 Why do you think leaves change colors in the autumn?

#84 If you could build a garden with any plants, what would you grow?

#86 If you could witness any natural phenomenon, what would you choose?

#88 If you were a marine biologist, which creature would you study?

#90 If you could design an eco-friendly city, what features would it have?

#92 If you could tame any wild animal to be your companion, which one?

#94 If you could visit any planet in our solar system, which one?

#96 If you could live near the mountains, the beach, or a forest, where?

#98 Why is taking care of nature and trees so important?

#77 What animal do you think is the most mysterious?

#79 If you could explore the deep ocean or outer space, which would you pick?

#81 If you could invent a device to help the Earth, what would it do?

#83 What is your favorite sound in nature (rain, ocean, birds, wind)?

#85 What animal do you think has the coolest defense mechanism?

#87 Why do you think stars twinkle in the night sky?

#89 What is your favorite thing to do outdoors on a sunny day?

#91 Why do you think animals hibernate during the winter?

#93 What is the coolest fact you know about the human body?

#95 What do you think is the most important element: water, fire, earth, or air?

#97 What is your favorite bug or insect and why?

#99 If you could discover a new species of animal, what would it look like?

#100 What do you think clouds feel like if you could touch them?

5. FAVORITES & EVERYDAY LIFE

#101 What is your absolute favorite breakfast meal?

#102 What game do you love playing most with your family?

#103 What is your favorite book or bedtime story?

#104 What song always makes you want to dance when you hear it?

#105 What is your favorite holiday tradition that we do?

#106 What is the best outfit you love wearing?

#107 What is your favorite room in our house and why?

#108 What subject at school do you enjoy the most?

#109 What is your favorite thing to do on a Saturday morning?

#110 What is the tastiest snack in the pantry?

#111 What sport or physical activity do you enjoy doing?

#112 What is your favorite movie or show to watch together?

#113 What is your favorite color and what items do you have in that color?

#114 What is your favorite trick or funny joke to tell?

#115 What is your favorite smell in the whole world?

#116 What board game or card game is your favorite?

#117 What is your favorite thing to draw or paint?

#118 What is your favorite fruit or vegetable to eat?

#119 What is your favorite place we have ever visited on vacation?

#120 What is your favorite thing to do right before going to bed?

#121 What is your favorite dessert treat?

#122 What toy or game have you loved for the longest time?

#123 What is your favorite craft or DIY project?

#124 What is your favorite sound in the house?

#125 What is your favorite part about family dinner time?

6. FUTURE, GOALS & SCHOOL

#126 What job or career would you like to try when you grow up?

#127 What is one skill or hobby you would love to learn this year?

#128 If you could teach a class at school, what subject would you teach?

#129 Where in the world would you like to travel when you're older?

#130 If you wrote a book, what would the story be about?

#131 What is something you find challenging, but want to get better at?

#132 If you were the principal of your school for one day, what rules would you change?

#133 What kind of home would you like to live in when you grow up?

#134 If you could star in a movie, what kind of movie would it be?

#135 What instrument would you love to learn how to play?

#136 If you were a famous chef, what would be your signature dish?

#137 What language would you like to learn to speak fluently?

#138 If you could design your own school lunch menu, what would be served?

#139 What is a goal you want to accomplish by the end of this month?

#140 If you could build a museum, what kind of items would you display?

#141 What is something you want to build or craft with your own hands?

#142 If you were an author, what would your book title be?

#143 What kind of computer game or app would you love to design?

#144 How would you decorate your dream bedroom?

#145 What is a good habit you want to start doing every day?

#146 If you were a doctor, how would you make your clinic fun for kids?

#147 What is a record you would like to set in the Guinness World Records?

#148 If you were a scientist, what invention would you work on first?

#149 Where do you see yourself in 10 years?

#150 What legacy or kind impact do you want to leave on the world?

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